



## **PRAYER GUIDE**

*A Time of Guided Prayer – Winter/ Spring 2022*

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- **For preparation** – Josh Bales
  - [Lord, Who Throughout These Forty Days](#) – Claudia Frances Hernaman (1873)
  
- **As our foundation**
  - [Psalm 144:12](#)

Then our sons in their youth  
will be like well-nurtured plants,

and our daughters will be like pillars  
carved to adorn a palace.

■ **To keep in mind**

- *Many young people – at the cusp of what they're going to become in life – still see no meaning and purpose in their lives. How can pray for and guide them?*

■ **Key points to remember**

- What a world our young people face today. How can we nurture and pray for them?
- Identity and social media – we can help our young people walk wisely now and into the future.
- As our sons and daughters / grandsons and granddaughters mature – where are they getting their guidance, direction, and values – as well as community? Most is from social media today.
- Our young people are being mentored and disciplined – via social media – with thoughts, values, ideas, and ideals, which are usually far from truth, far from those who love them, and far from God.
- Girls and boys as young as ten years old are now suffering from anxiety and depression – largely due to identity crises brought on by social media.
- There is a spiritual dimension to this – and there are those who are set against our young people – ruining their lives and turning them from God.
- We – and young people especially – cannot afford to put off faith in God and the Creator. God wants the best of their lives now.
- Their identity is not rooted in the sexual orientation, or group identity – they are rooted in the image and likeness of God.

■ **Here's how you can pray this week**

- Remember that our Creator is in charge – remember Him in the days of our youth.
- Let's pray together fervently – with hearts of faith and expectation
- Let's pray in two directions:
  - Youth
    - for protection from the insidious effects of social media.
    - That parents will take the huge step of having conversations with their children about the power of their electronic devices
  - Role models
    - Parents, older siblings, older fellow students at school or church.
    - For God to send good people into the lives of our children
- For protection for our children – that they might be aware of the messages coming to them through social media, and that they might be able, through your power, to control their usage.
- To trust You for their protection

- For the responsibility we have, as adults, for the young people in our midst.
  - For their hearts and minds to be solidly focused on You.
  - For good role models – to give our young people living examples of Christlikeness.
  - Send good people into the lives of our children and grandchildren.
  - We claim your grace, mercy, and undying love for us.
- **Closing worship**
    - [O Come and mourn with me awhile](#) – Fredrick William Faber (1849)
- **Additional resources**
    - Here are several related resources you may find valuable:

**WEBSITES:**

- [Pray for Me Campaign](#)
- [Colson Center's Pray for Me: A Time of Guided Prayer](#)
- [Colson Center's Pray for Me initiative](#)
- [The Colson Center for Christian Worldview](#)
- [BreakPoint](#)
- [Wilberforce Weekend '22](#)
- [Josh Bales](#)

*True prayer is neither a mere mental exercise nor a vocal performance. It is far deeper than that. It is spiritual transaction with the Creator of Heaven and Earth. - Charles Spurgeon*